

Sexual Health are continuing to run a limited sexual health service due to Coronavirus precautions. The Trust has developed a restoration plan for services, adhering to government guidelines.

Contraception

All contraception queries should call 0300 7900 165 for advice.

We are currently offering limited contraception methods in accordance with the Faculty of Sexual and Reproductive Healthcare. Patients will be offered a telephone consultation to discuss what contraception is currently available to them.

Sexual health testing

People aged 16+ can order a free STI testing kit online via SH:24:
www.sh24.org.uk

People under 16 should call 0300 7900 165 to discuss testing options for them.

The latest service information, including how services may change over time, can be found on our website www.openclinic.org.uk

LGBT Stoke - New website

LGBT+ services run by the Sexual Health Prevention Team has a new-look website!

The web address remains as <http://www.lgbtstoke.co.uk> and the site includes a range of updated and new information, including:

- * A resources section with downloadable leaflets and posters
- * Tips on being an ally
- * Sexual health information for men who have sex with men, women who have sex with women and trans people

Galaxy Youth Group and Gaylife Men's Group remain closed, but we hope to re-launch the groups once social distancing measures are relaxed, so keep an eye out for updates!

Faxing information and orders

Sexual health services are no longer accepting faxes.

C-Card registration, distribution or order forms must now be emailed to SexualHealthOrders@mpft.nhs.uk<<mailto:SexualHealthOrders@mpft.nhs.uk>>

It is also possible to post forms to the following address, however, email is preferred: C-Card Admin, Sexual Health Prevention Team, Hanley Health Centre, Upper Huntbach Street, Hanley, ST1 2BN.

Anything relating to sexual health clinics (Contraception, GUM, HIV Treatment and Care, Psychosexual) should now be sent to the following secure email address: ISHSecretaries@mpft.nhs.uk<<mailto:ISHSecretaries@mpft.nhs.uk>>

Free relationships and sex education courses from Brook

Sexual health charity, Brook, has a range of free relationship and sex education e-learning sessions available

If you're a professional who works with young people, now may be an ideal time to brush up on some sexual health topics. Available courses include:

- * Consent
- * STIs
- * Contraception
- * Pleasure
- * Relationships and enduring love

See the full list of their online courses at www.brook.org.uk/brook-learn

C-Card Reminder

C-Card paperwork must be returned on a monthly basis.

Please email all C-Card paperwork to our C-Card administrator:
SexualHealthOrders@mpft.nhs.uk<<mailto:SexualHealthOrders@mpft.nhs.uk>>

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